

## Swimming

Written by Administrator  
Sunday, 29 April 2012 18:03 -

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Alvor Sports Complex.

Pool times:

Monday to Friday - 09.00h to 13.00h and 15.00h to 21.30h  
Saturday: 09.00h to 12.00h and 15.00h to 18.00h.

You will need a swimming cap and flipflops for poolside use, and of course, a swimsuit!